



FYZICAL | Bellingham
2075 Barkley Blvd Ste 200
Bellingham, WA 98226
P: (360) 733-4008
F: (360) 733-4064

Special Instructions:

Patient Name: _____ Phone: _____

Referring Physician: _____ Date: _____

Diagnosis: _____

Evaluate & Treat

Continue Current Rx

Pre/Post-Op Rehabilitation

Balance Rehabilitation

- Knee
- Hip
- Back
- Shoulder
- Neck
- Elbow
- Wrist/Hand
- Ankle/Foot

- Balance Retraining Therapy
- Epley Maneuver (Manual)
- Neurological Gait Training
- NIR Infrared Treatment

Orthopedic Rehabilitation

Programs

- Strengthening
- Flexibility/R.O.M.
- Stabilization
- Soft Tissue Mobilization
- Joint Mobilization
- Other: _____

- Balance Retraining
- Vestibular Therapy
- Headaches
- Osteoporosis
- Fibromyalgia
- S/P CVA
- Parkinsons
- Sports Specific
- Work Specific

Modalities

Patient Education

- Ultrasound
- Electrical Stimulation
- Iontophoresis
- Traction
- Other: _____

- Home Exercise Program
- Fall Prevention
- ADL Training
- Other: _____

Frequency: _____ Days per week
Duration: _____ Weeks / Months
<small>circle one</small>

Physician Signature: _____