

FYZICAL South San Antonio 2406 Commercial Ave., Ste. I

South San Antonio, TX 78221 P: (210) 921-1599 F: (210) 921-2088 Southsanantonio@FYZICAL.com	Patient Name:		
FYZICAL Boerne 1411 South Main Street #102 Boerne, TX 78006 P: 830-249-7211			
F: 830:249-4698 Boerne@FYZICAL.com	Pre/Post-Op Rehabilitation		
Special Instructions:	☐ Knee☐ Hip☐ Back☐ Shoulder	□ Neck□ Elbow□ Wrist/Hand□ Ankle/Foot	
	Orthopedic l	Rehabilitation	

Continue Current Rx **Balance Rehabilitation** ☐ Balance/Vestibular Therapy ☐ Canalith Repositioning ☐ Neurological Gait Training ☐ Other: **Programs** ☐ Strengthening ☐ Sports Specific ☐ Flexibility/R.O.M. ☐ FCE ☐ Work Conditioning ☐ Stabilization ☐ Work Hardening ☐ Soft Tissue Mobilization ☐ Fitness ☐ Joint Mobilization ☐ Other: _____ Osteoporosis ☐ Fibromyalgia ■ Neurological ☐ Other: **Modalities** ☐ Ultrasound **Patient Education** ☐ Electrical Stimulation ☐ Home Exercise Program ☐ Iontophoresis ☐ Fall Prevention ☐ Traction ☐ Other: _____ ☐ ADL Training ☐ Other: _____ Supplies

Frequency: ______ Visit(s) per Week Duration: _____ Week(s)

Phone: _____

Date: _____

☐ Custom FootMax Orthotics ☐ Compression Stockings

☐ Braces Other:

Physician Signature: ____ Date