



FYZICAL...spelled different because we are different

FYZICAL Therapy and Balance Centers help people impacted by poor balance, dizziness, pain, injury and disease get back to doing the activities they love. At FYZICAL, our focus is exceptional, over-the-top service and clinical excellence as we strive to be the trusted, most accessible entry point for physical therapy, wellness, and health.

5 San Antonio Metro Locations (see reverse)

Our Services*

- Balance Testing & Therapy
- Fall Prevention
- Vestibular Therapy
- Shoulder, Hip, & Knee Pain
- Back Pain
- TMJ Disorders
- Concussion Management
- Migraine Management
- Spine Physical Therapy
- Orthopedic Rehabilitation
- Sports Injury Rehabilitation
- Therapy For Personal Injury
- Neurological Rehabilitation
- Work Injury Testing & Rehabilitation
- Work Conditioning/ Work Hardening
- Pediatric Rehabilitation
- Employment Related Functional Evaluations
- Wellness Testing & Assessment
- Fitness Training
- Body Q Health
- Deep Tissue Laser Therapy
- Pain Reduction Programs
- Juvent Micro-Vibration Treatments
- Dry Needling
- Footmaxx Custom Orthotics
- Parkinson's Disease Programs
 - LSVT BIG
 - PWR! Moves

Special Equipment*

- **Overhead safety support system** allows patients to perform therapy without fear of falling
- **Shuttle Balance System** allows creative & challenging balance therapy
- **Infrared video goggles** record patient eye movements to support assessment and management of dizziness, vertigo and balance problems
- **Alter G Treadmills (Anti-Gravity)** provides graduated weight bearing for orthopedic rehabilitation

**Services and equipment vary by location*

6 locations in Metro San Antonio



FYZICAL Boerne

Danny Kasproicz PT, DPT, Clinical Director

1411 S. Main St
Boerne, TX 78006

Phone: (830) 249-7211 • FAX: (830) 249-4698



FYZICAL Shavano Park

Rebecca Cantu, PT, DPT, Clinical Director

14439 NW Military Hwy, Ste 107
Shavano Park, TX 78231

Phone: (726) 201-4290 • FAX: (726) 201-4335



FYZICAL Stone Oak

Jonathan Kirkwood, PT, DPT, Clinical Director

20818 Gathering Oak, Ste 118
San Antonio, TX 78260

Phone: (210) 200-8921 • FAX: (210) 858-6416



FYZICAL TPC Parkway

Lisa Rosen, PT, DPT, Clinical Director

22100 Bulverde Rd, Ste 108
San Antonio, TX 78259

Phone: (210) 272-0055 • FAX: (210) 272-0055



FYZICAL South San Antonio

Jeff Pottenger, PT, DPT, Clinical Director

2406 Commercial Ave, Ste 1
San Antonio, TX 78221

Phone: (210) 921-1599 • FAX: (210) 921-2088



FYZICAL De Zavala

Alexis St. Charles, PT, DPT, Clinical Director

6222 De Zavala Rd, Ste 101
San Antonio, TX 78249

Phone: (210) 200-8552 • FAX: (210) 200-8463



Most Major Insurance Plans Accepted—Call Each Location for Insurance Updates

	Aetna	Amerigroup	B C B S	Cigna	CHAMPUS VA	Community 1st	Dept of Labor	Humana	Liberty Mutual	Medicaid	Medicare	Multiplean Inc	PHCS	PIP	Superior ALOP	Texas Mutual	Tricare	United Health Care (UHC)	United Medical Resources	Wellcare	Workers Comp	
Boerne	✓		✓	✓	✓		✓	✓		✓	✓		✓	✓				✓	✓	✓		✓
TPC Parkway	✓		✓	✓				✓		✓	✓	✓						✓	✓		✓	
Shavano Park	✓		✓	✓				✓			✓							✓	✓			✓
South San Antonio	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓			✓	✓	✓		✓				
Stone Oak	✓		✓	✓				✓			✓							✓				
De Zavala	✓		✓	✓				✓			✓							✓				

Find us at www.fyzical.com/san-antonia-tx-area/