

MM/DD/YYYY	Print/Type: Patient Name
PT Evaluation & Treatment <input type="checkbox"/>	Print/Type: Patient Cell Phone #
OT Evaluation & Treatment <input type="checkbox"/>	Print/Type: Diagnosis/Reason For Referral
	Print/Type: Ref Practice Contact's Name
(XXX) XXX-XXXX	Print/Type: Ref Practice Contact's Email
	MD Signature
	Print/Type: MD First + Last Name + Title

B

A

W

Brevard

59 Oakdale St
 (828) 966-9036

Ref Fax Line:
 (828) 966-4538

Asheville

260 Merrimon Ave, Suite 100
 (828) 785-4700

Ref Fax Line:
 (828) 552-5566

Woodfin

61 N Merrimon Ave, Suite 107
 (828) 484-8398

Ref Fax Line:
 (828) 484-8399

My signature certifies that treatments are medically necessary

Building Back A Steady Normal

Perfect Balance Physical Therapy's *Balance and Fall Risk Screening (BFRS)* protocols are consistent and modeled after the Fall Risk Assessment Protocol of the American Geriatrics Guidelines. An advanced assessment of postural control and negative overcompensation habits where systems are weak can help this demographic overcome common stability and reaction deficiencies. Our system helps define a patient's baseline to develop custom coordination exercises and a plan for corrective refocus of sensory information. These targets are then monitored in partnership with the patient through color reports and motivating feedback by their therapists.

The BFRS helps patients realize points of improvement in balance, reactionary times, and general walking ability. This program can benefit multiple medical conditions such as Stroke, Diabetes, Parkinson disease, and conditions that can result in confusion, like dementia or Alzheimer disease. Patients that have low vision, visual spatial deficits, or visual field deficits can benefit from a better understanding of how their vision impairment may affect personal activities.

Therapy and Risk Assessment

The BFRS program generate reports and a plan of action that the patient can take next depending on their preferences. Patients may benefit from further Physical, Occupational, or Aquatic therapy based on BFRS results. All aspects of balance and fall risk are addressed including vision assessment, Rx review, diabetes complications, and pain scales associated with common movement tasks. These assessments provide the patient's family doctor to review potential next steps and determine if recovery therapy is determined medically necessary to help the patient reach goals.

Physical Therapists and Occupational Therapists are trained for total nervous system order assessment, cognitive screenings, simple vision tests, and review of medications taken by the patient. We measure the patient's strength, assess walking ability, and assess their balance through exercise and special tests. Our therapists create measurable plans to partner with the patient on, provide supporting educating, and suggest methods for depression or fear management strategies.

BFRS Applications

Perfect Balance Physical Therapy (PBPT) maintains modern equipment and therapies to develop an improvement in balance through quantitative baselines. Our BFRS program provides convenient and almost instant feedback based on calibrated and tested methodologies in the medical community.. The patient's postural stability is regularly reviewed as specific movement patterns are emphasized and improvement continues.

Our *Balance and Fall Risk Screening (BFRS)* system produces reports that support specific disease like post-stroke assessments, cancer baselines, post-surgery recovery, prosthetics and orthotics adjustment, or other measured recovery paths. The BFRS tracking feature records the patient's progress to visually illustrate their improvement in positioning throughout their routine.

Balance and Fall Risk Screening (BFRS)



Program Applications:

- Patient History Assessment
- Muscle Strength Baseline
- Functional Mobility Assessment
- Balance Training Program
- Endurance/Strength Training Program
- Preventative Measures Education

Program Location(s): **B A W**

Brian Ellis, Physician Liaison
brian@perfectbalancept.com
 Office: (828) 785-4700

Fall Prevention

- ⇒ Bilateral/Unilateral Exercises
- ⇒ Fall Risk Assessment Protocol
- ⇒ Clinical Test of Sensory Organization and Balance

Orthopedic Applications

- ⇒ Bilateral/Unilateral Balance
- ⇒ Bilateral Upper Extremity Activities

General Reflexes

- ⇒ Stability and Response to Changes
- ⇒ Extension and Response to Instruction

Would Your Patient Benefit From A Free Balance and Fall Risk Screening?

Call to schedule at any of our 3 locations