



# FYZICAL®

Therapy & Balance Centers

**FYZICAL | Cape May**  
650 Townbank Rd Suite 203  
Cape May, NJ 08204  
P: (609) 884-9800  
F: (609) 884-9807

Patient Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Date: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Special Instructions:

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Evaluate & Treat

Continue Current Rx

### Pre/Post-Op Rehabilitation

- |                                   |                                     |
|-----------------------------------|-------------------------------------|
| <input type="checkbox"/> Knee     | <input type="checkbox"/> Neck       |
| <input type="checkbox"/> Hip      | <input type="checkbox"/> Elbow      |
| <input type="checkbox"/> Back     | <input type="checkbox"/> Wrist/Hand |
| <input type="checkbox"/> Shoulder | <input type="checkbox"/> Ankle/Foot |

### Balance Rehabilitation

- Balance Retraining Therapy
- Epley Maneuver (Manual)
- Neurological Gait Training
- NIR Infrared Treatment

### Orthopedic Rehabilitation

- Strengthening
- Flexibility/R.O.M.
- Stabilization
- Soft Tissue Mobilization
- Joint Mobilization
- Other: \_\_\_\_\_

### Programs

- Balance Retraining
- Vestibular Therapy
- Headaches
- Osteoporosis
- Fibromyalgia
- S/P CVA
- Parkinsons
- Sports Specific
- Work Specific

### Modalities

- Ultrasound
- Electrical Stimulation
- Iontophoresis
- Traction
- Other: \_\_\_\_\_

### Patient Education

- Home Exercise Program
- Fall Prevention
- ADL Training
- Other: \_\_\_\_\_

Frequency: \_\_\_\_\_ Days per week

Duration: \_\_\_\_\_ Weeks / Months  
circle one

Physician Signature: \_\_\_\_\_