



# FYZICAL<sup>®</sup>

Therapy & Balance Centers

**FYZICAL | Mattoon**  
100 Professional Plz #A,  
Mattoon, IL 61938  
P: (217) 235-1245

Patient Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Date: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Special Instructions:

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**Evaluate & Treat**

**Continue Current Rx**

**Pre/Post-Op Rehabilitation**

**Balance Rehabilitation**

- Knee
- Hip
- Back
- Shoulder
- Neck
- Elbow
- Wrist/Hand
- Ankle/Foot

- Balance Retraining Therapy
- Epley Maneuver (Manual)
- Neurological Gait Training
- NIR Infrared Treatment

**Orthopedic Rehabilitation**

**Programs**

- Strengthening
- Flexibility/R.O.M.
- Stabilization
- Soft Tissue Mobilization
- Joint Mobilization
- Other: \_\_\_\_\_

- Balance Retraining
- Vestibular Therapy
- Headaches
- Osteoporosis
- Fibromyalgia
- S/P CVA
- Parkinsons
- Sports Specific
- Work Specific

**Modalities**

**Patient Education**

- Ultrasound
- Electrical Stimulation
- Iontophoresis
- Traction
- Other: \_\_\_\_\_

- Home Exercise Program
- Fall Prevention
- ADL Training
- Other: \_\_\_\_\_

Frequency: _____ Days per week
Duration: _____ Weeks / Months <small>circle one</small>

Physician Signature: \_\_\_\_\_