



NOTICE OF PRIVACY PRACTICES

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION ABOUT YOU MAY BE USED AND DISCLOSED AND HOW YOU CAN GET ACCESS TO THIS INFORMATION. PLEASE READ IT CAREFULLY.

Understanding Your Health Information Rights

Although your health record is the physical property of the healthcare provider, the information belongs to you. You have the right to:

- Request a restriction on certain uses and disclosures of your information
- Obtain a paper copy of the notice of information practices upon request
- Inspect and obtain a copy of your health record
- Request to amend your health record
- Obtain an accounting of disclosures of your health information
- Request communications of your health information by alternative means or at alternative locations
- Revoke your authorization to use or disclose health information except to the extent that action has already been taken

Our Responsibilities

We are required to:

- Maintain the privacy of your health information
- Provide you with a notice as to our legal duties and privacy practices with respect to your information
- Abide by the terms of this notice
- Notify you if we are unable to agree to a requested restriction on disclosure or amendment to your record
- Accommodate reasonable requests you may have to communicate health information by alternative means or locations

We reserve the right to change our practices and to make the changes effective for all protected health information we maintain. If our information practices change, we will notify you the next time you come to our practice for treatment.

If you have questions and would like additional information, you may contact our Privacy Officer, Ryan Mann at ryan.mann@fyzical.com or 713.294.9766. If you believe that your privacy rights have been violated, please mail your written complaint to:

FYZICAL Therapy and Balance Centers
Attn: Ryan Mann
Svcs Privacy Office
15210 I-45 South, Suite 108
Conroe, TX 77384

You may also file a complaint to: Office of Civil Rights
US Dept. of Health and Human
Atlanta Federal Center, Ste. 3B70
61 Forsyth St. SW
Atlanta, GA 30303-8909

Examples of Disclosures for Treatment, Payment, and Health Operations

1. We will disclose your health information for payment to FYZICAL Therapy and Balance Centers for services provided to you.
2. Your protected health information may be released to other healthcare providers to assist in your care or in an emergency.
3. We may use or disclose information to notify or assist in notifying a family member, personal representative, or another person responsible for your care, of your location and general condition.
4. We may contact you by phone, text, mail, or we may leave a message on an automated answering device concerning appointments, verify insurance/demographic information, etc. No mobile information will be shared with third parties/affiliates for marketing/promotional purposes and this includes your text messaging originator opt-in data and consent and personal information
5. We may disclose health information for law enforcement purposes as required by law.
6. As required by law, we may disclose health information to public health or legal authorities charged with preventing or controlling disease, injury, or disability.