



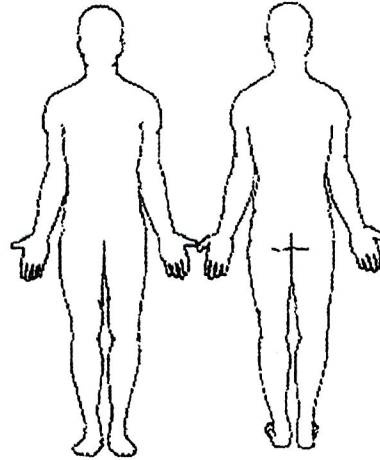
# FYZICAL<sup>TM</sup>

Therapy & Balance Centers

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Describe the location of your pain:**

- ☐ Neck      ☐ L   ☐ R   ☐ Both  
☐ Back      ☐ L   ☐ R   ☐ Both  
☐ Shoulder   ☐ L   ☐ R   ☐ Both  
☐ Elbow      ☐ L   ☐ R   ☐ Both  
☐ Wrist      ☐ L   ☐ R   ☐ Both  
☐ Hip      ☐ L   ☐ R   ☐ Both  
☐ Knee      ☐ L   ☐ R   ☐ Both  
☐ Ankle      ☐ L   ☐ R   ☐ Both  
☐ Foot      ☐ L   ☐ R   ☐ Both  
☐ Other: Please mark on the picture



**Describe the nature of your pain:**

- ☐ Achy   ☐ Burning   ☐ Dull   ☐ Numbness   ☐ Sharp   ☐ Shooting   ☐ Throbbing   ☐ Tingling

How long ago did your pain start? \_\_\_\_\_

Prior to the onset of your symptoms, how would you rate your level of function? (circle #)

Lowest   0   1   2   3   4   5   6   7   8   9   10   Highest

How often do you experience pain symptoms:   ☐ Constantly   ☐ Hourly   ☐ Daily   ☐ Other: \_\_\_\_\_

Rate your level of pain at its worst, at its best, and at its current level, where 0= no pain (circle #)

<b>Worst</b>	0	1	2	3	4	5	6	7	8	9	10
<b>Best</b>	0	1	2	3	4	5	6	7	8	9	10
<b>Current</b>	0	1	2	3	4	5	6	7	8	9	10

Have you had surgery?   ☐ Yes, Date: \_\_\_\_\_   ☐ No