



FYZICAL | North San Antonio
 21708 Hardy Oak Suite 105
 North San Antonio, TX 78258
 P: (210) 625-4186
 F: (210) 399-0310

Patient Name: _____ Phone: _____

Referring Physician: _____ Date: _____

Diagnosis: _____

Special Instructions:

Evaluate & Treat

Continue Current Rx

Pre/Post-Op Rehabilitation

Balance Rehabilitation

- Knee
- Hip
- Back
- Shoulder
- Neck
- Elbow
- Wrist/Hand
- Ankle/Foot

- Balance Retraining Therapy
- Epley Maneuver (Manual)
- Neurological Gait Training
- NIR Infrared Treatment

Orthopedic Rehabilitation

Programs

- Strengthening
- Flexibility/R.O.M.
- Stabilization
- Soft Tissue Mobilization
- Joint Mobilization
- Other: _____

- Balance Retraining
- Vestibular Therapy
- Headaches
- Osteoporosis
- Fibromyalgia
- S/P CVA
- Parkinsons
- Sports Specific
- Work Specific

Modalities

Patient Education

- Ultrasound
- Electrical Stimulation
- Iontophoresis
- Traction
- Other: _____

- Home Exercise Program
- Fall Prevention
- ADL Training
- Other: _____

Frequency: _____ Days per week

Duration: _____ Weeks / Months
circle one

Physician Signature: _____