

A man in a dark suit, white shirt, and black tie is sitting on a black office chair. He is wearing large, black, wrap-around goggles. The chair is positioned as if it's a rocket, with bright orange and yellow flames and fire coming out of the base. The background is a dark, smoky, orange-hued environment with a bright yellow sun or moon in the distance.

**GAINSWave**<sup>®</sup>

# Biohack Your Package

Optimize Your Performance

[www.GAINSWave.com](http://www.GAINSWave.com)



Most men take their cars in for regular maintenance a few times a year. Whether it's a tire rotation or oil change, routine checks ensure that the car will run safe and smooth.

When it comes to dental hygiene, it's recommended that everyone get a check-up every 6 months. And when we focus on the health of our vision, we visit an optometrist every two years.

In life, whether it comes to machines we use, or our own bodies, regular maintenance is vital and drives performance and prevents unwanted conditions.

Although men don't think about it, the male member is something that definitely needs regular maintenance.

Find out why on the next page...



*"I'm often asked, of all the protocols I've used to enhanced sexual performance, which was the most immediately noticeable, without necessarily requiring fringe injections and thousands of dollars worth of stem cell therapy. Hands down, it would be the GAINSWave® protocol." - Ben Greenfield*





## Why you need to take your package in for regular maintenance.

As men age, micro-plaque begins to build within the blood vessels of the penis. The micro-plaque acts like a dam, restricting the needed blood flow for maximum erection. In addition, the growth of new blood vessels becomes nonexistent. Naturally, other factors play a role in creating even more "blockage".

Men who smoke, consume large amounts of alcohol, and don't follow a proper diet may experience performance issues like erectile dysfunction. These are just a few factors that contribute to 50% of men ages 50 and up being diagnosed with ED.

### Give your package a tune-up.

Preventative measures are available, including one that utilizes soundwaves to remove plaque while stimulating the growth of new blood vessels. Shockwave therapy has been widely successful in the UK for over 15 years and is finally becoming harnessed in the US as well. Medical professionals are using this therapy to treat their patients with erectile dysfunction and are seeing great results - over 75%!

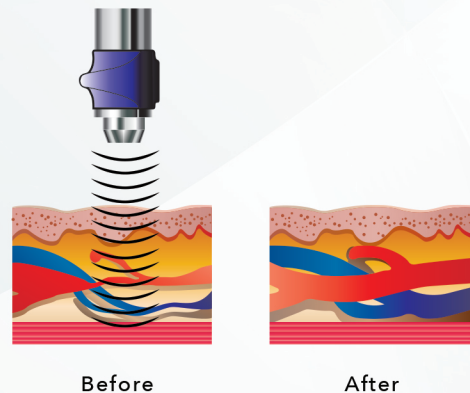
## How it Works

The treatment is called GAINSWave® and breaks up plaque formation in blood vessels and stimulates the growth of new blood vessels in the penis. This increases the blood flow to the penis and improves sexual function. In addition, the GAINSWave procedure activates the growth of new nerve tissue and enhances sensitivity in the penis through a process called neurogenesis.

It's also thought that shockwave therapy activates dormant stem cells, which in turn promotes tissue growth and general erectile function.

Despite how it may sound, shockwave treatments are pain-free and entirely non-invasive. The procedure is quick, in-office, with no known side effects, and little, if any, downtime. Treatment typically requires 6 to 12 sessions of 15 to 20 minutes.

[Find a Provider Near You](#)







## "GAINSWave® Dramatically Improved My Sexual Performance" - Ben Greenfield



In 2017, 33-year-old author, fitness guru, and "biohacker" Ben Greenfield put GAINSWave to the test. He was a bit skeptical at first, but quickly became a believer with rock hard erections. The results of his treatment lasted every day for a full month.

*"After doing the GAINSWave protocol my sexual performance improved dramatically. I'm a definite customer for life."*

- Ben Greenfield

Contrary to what most men and women think, the GAINSWave treatment does not just involve "getting one's genitals shocked", just as a yoga practice is technically not just "stretching", but instead an entire mind and body experience. Shockwave therapy has existed in modern medicine for decades and has primarily been used as a treatment for lipotrophy (localized loss of fat tissue) and to break up kidney stones using high-frequency acoustic waves.

About fifteen years ago, researchers in Europe realized that by using lower intensity acoustic pulse waves, they could also apply these same waves to the penis without damaging the skin or organs. Based on this trendy breakthrough of kidney doctors blasting their gonads with soundwaves, physicians were eventually able to treat erectile dysfunction at its root source: poor blood flow.

When the acoustic pulse waves are applied to the penis, they create a micro-inflammatory process that releases nitric oxide, a vasodilator, and the same chemical induced via the consumption of pills like Viagra or Cialis. Over the course of eight to twelve weeks after the procedure, new blood vessels in the genitals grow, known as "neovascularization." These shockwaves "wake-up" dormant stem cells in the penis, leading to improved erectile function and enhanced tissue growth. GAINSWave therapy may also increase the size of the penis.

Scientific studies suggest that this therapy might be more effective than other treatments, including medications and really expensive penis pumps. But thanks to the overcrowding of the sexual performance industry by pharmaceutical and supplement companies, there were no standardized protocols, machines, or training programs until GAINSWave. Now this patented methodology is available to the masses.

\* Written by Ben Greenfield on [bengreenfieldfitness.com](http://bengreenfieldfitness.com)





## What to Expect with GAINSWave® Treatment

**GAINSWave treatment is a quick, in-office procedure that involves 3 easy steps.**

Treatment is usually prefaced by a brief consultation. A qualified GAINSWave provider will inquire about factors such as libido, sleep, and hormonal issues, in addition to other relevant factors, before assigning a treatment plan.

1

Contact a certified GAINSWave® provider. A Health and Wellness Advisor will talk to you about your issue, answer any questions you have, and then recommend the best treatment.

2

For the procedure, you will want to arrive 30 minutes before the treatment in order to apply numbing cream. For future appointments, numbing cream can be applied at home. After that, the entire procedure only takes 20-30 minutes.

3

Once the procedure is complete, you can resume regular life: home, work, errands, or even sex the same night!



Although results vary, many clients experience a positive outcome after the first treatment, which could include a spontaneous erection in the first 24 hours.

Depending on your goals and results, you will receive a total of 6 to 12 treatments.

During the first month, increased libido, sensitivity, and firmer and more frequent erections may be experienced other results may include increased size, improved performance, and greater sexual satisfaction.

[Find a Provider Near You](#)





## Why you should not rely on pills for increased performance

Oral drugs like Viagra, Cialis and Levitra are not recommended for recreational use and can have harmful long-term health effects if misused. Men also risk becoming psychologically addicted and may be unable to perform without the aid of chemicals. In fact, men who rely on ED drugs without an actual medical condition, may become less confident in their ability to achieve a natural erection with their partner.



## Enhance sexual performance at any age with GAINSWave®

The Journal of Sexual Medicine published a study suggesting that a quarter of men with erectile dysfunction were under the age of 40. In addition, many younger men who don't suffer from ED may have simply lost a step or two in the bedroom. Regardless of a man's age or performance level, GAINSWave has revolutionized sexual performance enhancement in men - including those who are not suffering from ED.

The same technique that revitalizes penile tissue in ED sufferers can also be beneficial to men simply looking to add a little more spark to their sex life.



## GAINSWave: It's not just for dysfunction

It's no secret, men have been using pills for sexual enhancement rather than dysfunction treatment for a while. Unfortunately, recreational use of these pharmaceuticals can be dangerous, and may cause long-term health risks.

Fortunately the effects of shockwave therapy are more enduring, virtually free of side effects. The treatment doesn't require painful injections or expensive drugs. With GAINSWave men have experienced increased sensitivity, shorter recovery intervals, and an overall enhanced sex life.





## BULLETPROOF's Dave Asprey shares his GAINSWave® experience and more:

In this episode of Bulletproof Radio, Dave Asprey tries out shockwave treatment that claims to age his undercarriage backwards!

Dave meets with Dr. Kate Kass, who was the third doctor in the US to offer the innovative new GAINSWave treatment for Erectile Dysfunction.

It's honest talk about one of Dave's favorite topics, sex. Enjoy the show!

### Dave Asprey and GAINSWave



### Bulletproof™ Radio Podcast: Beyond Erectile Dysfunction



A large, light gray graphic of a double quotation mark inside a circle, positioned to the left of the main quote.

## “The results are amazing.”

*“Before I had the GAINSWave® treatment, I had lots of difficulties in getting good erections and particularly in maintaining them. I had a lot of sensitivity issues as well. I certainly tried Viagra and Cialis, and those helped a little. I started the GAINSWave® therapy in May of 2016. After the first sessions, I noticed right away a definite improvement. About three months later, I had another round of three GAINSWave® treatments and that just went through the roof and my sensitivity was dramatically higher as compared to before. The maintainability was greatly improved and the degree of sensitivity and feel was way higher.*

*Things dramatically changed when using GAINSWave®. Now I have a sex life because of GAINSWave® that goes beyond what I had in my 20s. It’s been just amazing. It’s really quite convenient and it’s not painful at all, if you follow the procedure. It’s not invasive, it’s very, very easy, and the results are amazing. I think [for] anyone that doesn’t have close to the ultimate in sensitivity and maintainability in erections, this is really the solution. GAINSWave® is literally the solution.” - Karl, 63*

## Speak with a Doctor About Erectile Optimization Today

Whether you’re looking for a tune-up or need to check in for regular maintenance, speaking with a GAINSWave provider is the first step.

Speak with a doctor near your about GAINSWave. Visit the link below to locate one near you.

[gainswave.com/directory](https://gainswave.com/directory)

**With over 30 Clinical Trials provided, the proof is in the study. Get the research. Read the facts.**

[Check Out These 30 Clinical Trials](#)