

THE



FYZICAL[®]

Therapy & Balance Centers

NEWSLETTER

A SUBSIDIARY OF



Southwest Sport & Spine Center, Inc.
"Powerful results to get you BACK into action."

LIVE NEAR OR IN EL PASO?

SEEK RELIEF AT OUR EL PASO LOCATION TODAY!



**WE ARE
CELEBRATING
21 YEARS OF
SERVICE!**
DETAILS INSIDE

INSIDE:

- We Are Celebrating 21 Years of Service
- Complimentary Assessment
- Meet Our FYZICAL El Paso Staff
- Check Out Our New Parent Website

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SCHEDULE AN APPOINTMENT AT OUR EL PASO CLINIC



Southwest Sport & Spine Center, Inc. opened its doors in Las Cruces in May 2000. We wanted to bring international specialties in spine care and sports medicine to the Las Cruces area. In March of 2001, we expanded to the Santa Teresa, NM area to better serve the southern New Mexico community and west El Paso and to meet the request to offer worker's comp services to southern Dona Ana County. We are excited to announce our 21st Anniversary and share that we now have 2 locations in Las Cruces, NM and 1 on the west side of El Paso, TX. We continue to commit to bringing a top tier rehab expertise, equipment and facilities for outpatient orthopedic and sports medicine including Physical Therapy, Occupational Therapy and Athletic Training.

In 2017, we bought into the FYZICAL Therapy & Balance franchise to bring the highest level of vestibular and balance therapy to the area with state-of-the-art equipment and staff training. Although we fly under the FYZICAL flag, our ownership and administration remain

the same and is fully vested in providing care that matches our community. Our Northwest El Paso FYZICAL clinic has been fully remodeled and updated to be a star ship for the FYZICAL brand while still maintaining the same renowned orthopedic, sports medicine, aquatic and spine rehab services of Southwest Sport and Spine Center, Inc. We were fortunate to survive the repeated closures and remained opened at varying levels throughout the epidemic, serving the area as essential care givers.

We look forward to celebrating our anniversary with the surrounding community and plan to continue to provide the highest level of physical rehabilitation services to keep us all healthy, back to work and sport, helping all our patients to "Love Your Life". We are so very thankful to continue to be able to serve the community and help continue to make "EL PASO STRONG."

WE ARE CELEBRATING 21 YEARS OF SERVICE



In May, we celebrated our 21st anniversary! We are thankful for all of our past and present patients for trusting us in their care. The team at FYZICAL Las Cruces & El Paso is prepared to serve patients with quality service, for many more years!

**CALL US AT MALL DRIVE: 575-522-0766, LOCUST: 575-521-4188, OR
NORTHWESTERN: 915-875-1559 TO SCHEDULE AN APPOINTMENT!**

MEET OUR FYZICAL EL PASO STAFF



P. ISABELA ACOSTA
DPT, MPH

WELCOME TO FYZICAL EL PASO

We are happy to introduce you to our newest physical therapist, P. Isabela Acosta!



ASHLEY COTTA
OTR,
OCCUPATIONAL
THERAPIST



KENNEN BITTON
PT, DPT, ORTHOPEDIC
SPECIALIST



WALTER WALDO
PTA, BSPTA, CSCS



ANGEL BARRON
PTA



**JULIETA HOLGUIN
COTA**

CHECK OUT OUR NEW PARENT WEBSITE WWW.SWSPORTANDSPINE.COM

Check out our new parent website to learn about all that SOUTHWEST SPORT & SPINE CENTER, INC. has to offer!

SOUTHWEST SPORT & SPINE CENTER, INC. was started in May 2000 by Denise and John Campbell. We specialize in comprehensive, non-invasive health care services tailored to match the needs of our community. We are inspired by patients that need more than what traditional health care offers. We are DRIVEN BY TEAMWORK and IMPROVING THE LIVES OF OUR PATIENTS and STAFF.

PUT THE PATIENT FIRST is our business mantra, so we seek advanced education and technology to provide top-tier services. We feel that every patient is unique and it is important to treat the whole person. Today, we are a CUTTING-EDGE and RESEARCH-BASED company. We focus on patient-centered care to provide powerful health care, you control. We are proud to offer a comprehensive approach to health care and invite you to learn more about us.

Please visit our websites at www.swsportandspine.com or call and request a tour.

FYZICAL Therapy & Balance

Centers is a scientific-based physical and occupational therapy franchise. We brought FYZICAL to Las Cruces, NM, and Northwest El Paso, TX to provide a much-needed specialty in balance and fall prevention. We are a Level 3 Balance facility with board-certified clinicians using advanced technology to accurately diagnose and treat neuromuscular conditions. We specialize in balance disorders, aquatic therapy, conservative spine care, sports medicine, worker's compensation, and chronic pain. There is nothing like us between Denver and Dallas.



Real View Diagnostics offers Musculoskeletal Ultrasound and Electromyography. We recognize that many people in our community suffer from pain and need cost-effective, specialized imaging. At Real View Diagnostics, we give you and your physician fast imaging results at a fraction of the cost of an MRI.



REAL VIEW DIAGNOSTICS

Breathing Science Institute.

Breathing can be hard, but it doesn't have to be. Our respiratory educators will provide you with computer-based biofeedback on your breathing efficiency and teach you how to modify it to improve your ability to control pain, reduce stress, and improve performance. We are the national training site for breathing science experts in Physical Therapy. Let us help you breathe well.



Occusport. Injured workers and athletes have a common goal. They both want to get back to work and sport as quickly as possible. OccuSport is a team of Physical Therapists and Athletic Trainers at FYZICAL that specialize in injury recovery and medical teamwork to help you achieve powerful results to get you back into action!



Optimum Body Shop. The next generation of healthcare is focused on holistic care in both prevention and follow-up services. We provide a tailored approach matching your goals. Optimum Body shop is our integrated healthcare model... coming soon.



BIG DEAL

COMPLIMENTARY

ASSESSMENT

WE CAN

HELP!

- Decrease your pain
- Increase your strength
- Increase your activity level
- Increase your flexibility
- Improve your health
- Get back to living

CALL TODAY TO SCHEDULE YOUR ASSESSMENT!

MALL DRIVE: 575-522-0766, LOCUST: 575-521-4188 NORTHWESTERN: 915-875-1559



Offer valid for the first 25 people to schedule.
Expires 07-30-21.

Mall Drive: 575-522-0766 | Locust Street: 575-521-4188 | Northwestern: 915-875-1559