



FYZICAL[®]

Therapy & Balance Centers

4080 Nelson Rd., Suite 500
Lake Charles, LA 70605
Phone: 337-494-7546
Fax: 337-494-7548

190 Gloria Dr., Suite 100
Moss Bluff, LA 70611
Phone: 337-214-2930
Fax: 1-337-226-3863

2100 Oak Park Blvd.
Lake Charles, LA 70601
Phone: 337-310-5116
Fax: 337-310-5118

**Floyd Saltzman, III, PT • J. Trent Landry, PT, DPT • Kourtney K. Ellis, PT, DPT
Lauren Grant, PT, DPT • Kimberly Vaussine, PT, DPT • Jared Amiot, PT, DPT
Brandon Soileau, PT, DPT • Calli Dupont, PT, DPT
Fran Emily, PTA • Keagan Fontenot, PTA**

Patient's Name: _____ Date: _____

Diagnosis: _____

Special Precautions: _____

Treatment per week: _____ for _____ week(s) or _____ total visits

MODALITIES

- Hot Packs
- Cold Packs
- Ultrasound
- Massage
- Electrogalvanic Stimulation
- Functional Electrical Stimulation
- Paraffin
- Fluidotherapy
- Phonophoresis/Iontophoresis
- TENS
- Mechanical Traction
- Hivamat
- Kinesio Taping

EVALUATE & TREAT

- Ear/Facial/Jaw Program
- Cervical/Thoracic Program
- Thoracic/Lumbar Program
- Pelvic Hip Program
- Shoulder Girdle Program
- Knee Program
- Ankle Program

MANUAL THERAPY

- Joint Mobilization
- Soft Tissue Mobilization
- Dry Needling

BALANCE PROGRAM

- Vestibular Training
- Balance and Fall Prevention Program

EXERCISES

- Cervical Strengthening/Stabilization
- Thoracic Strengthening/Stabilization
- Lumbar Strengthening/Stabilization
- Pelvic Core Stabilization
- Knee/Quad Rehab
- Shoulder Girdle Rehab
- Ankle Strengthening/Stabilization
- Neuro. Re-Ed
- Postural Exercises
- Gait Training
- Activities of Daily Living

For insurance purposes, this document shall serve as a statement of medical necessity for therapy rendered to the individual referenced above.

Comments: _____

Physician's Name _____

Physician's Signature _____

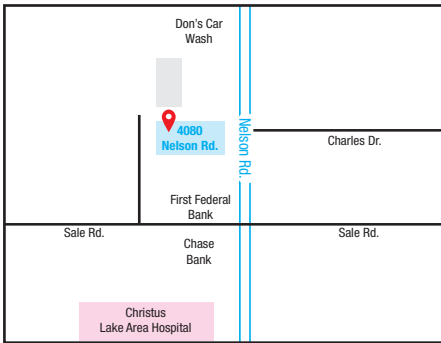
(Important Information on Back)



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ARRIVAL TIME

- Plan to arrive a few minutes early to complete paper work.
- All visits by appointment only.



4080 Nelson Rd., Suite 500
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Phone: 337-494-7546
Mon. - Thurs. 7am - 5pm
Fri. 7am - 12pm

WHAT TO WEAR

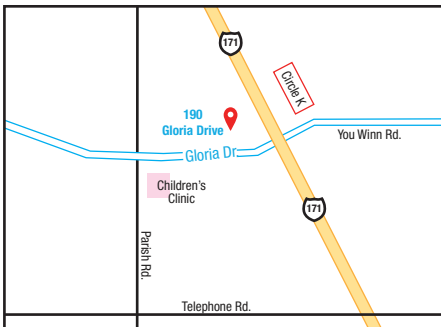
Many patients are concerned about what they should wear when they come for therapy.

Generally, you will be comfortable if you:

- dress casually in loose fitting clothing
- wear a minimum of make-up and jewelry, and
- wear shorts if you are going to receive treatment for a hip or leg problem.



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Love
Your
Life!