



MEDICAL MOMENTS by



FYZICAL
Therapy & Balance Centers

Adding Physical Therapy to your Multiple Sclerosis Treatment Team

Nearly 1 million people over the age of 18 live with Multiple Sclerosis (MS) in the US. MS involves an abnormal response of the body's immune system that is directed against the central nervous system.

If you don't have a Physical Therapist on your treatment team, it might be time to add one. The PTs at FYZICAL Oklahoma City are suited to treat several MS symptoms:

Pain: If you want an all-natural solution to the pain you experience with MS, physical therapy may be your answer. PTs are movement experts. Our goal is to get you moving to the best of your ability, and that requires an understanding of your condition and how it is impacting the things you do daily.

Fatigue: For many with MS, living with fatigue is just another daily challenge. But the reality is "Movement is Medicine." Your PT should push you to the point at which you benefit from therapy and build your stamina without limiting your ability to enjoy the rest of your day.

Imbalance and an increased risk of falling: Living with MS, you know imbalance is one of the core symptoms of MS. FYZICAL's PTs specialize in treating imbalance. Improved balance means independence. When we treat your imbalance due to MS, we examine your whole balance system, including your strength and sensory deficits making your balance worse.

Bladder and Bowel Dysfunction: Bowel and bladder dysfunction may not be the first signs of Multiple Sclerosis, but they are common. And they are often treatable. A pelvic floor physical therapist can help resolve these issues.

The PTs at FYZICAL Oklahoma City love working with our patients with MS. The gains we achieve together make the challenges worth it.

FYZICAL Difference

- ♦ **Experts in Balance Rehabilitation**
- ♦ **Safety Overhead System**
- ♦ **Virtual Reality Balance Training**
- ♦ **Pelvic Floor PTs**

Love Your Life!

Schedule Now
Phone (405) 400-8909 or Fax (405) 400-8949 or QR

For more information visit: www.FYZICAL.com/Oklahoma-City

