# FYZICAL®
Therapy & Balance Centers

**FYZICAL |** Saint Louis
3408 Longfellow
St Louis, MO, 63104
P: (314) 363-4078

Special Instructions:

_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____
_____

Patient Name: _____ Phone: _____

Referring Physician: _____ Date: _____

Diagnosis: _____

☐ **Evaluate & Treat** ☐ **Continue Current Rx**

## Pre/Post-Op Rehabilitation

- ☐ Knee
- ☐ Hip
- ☐ Back
- ☐ Shoulder
- ☐ Neck
- ☐ Elbow
- ☐ Wrist/Hand
- ☐ Ankle/Foot

## Balance Rehabilitation

- ☐ Balance Retraining Therapy
- ☐ Epley Maneuver (Manual)
- ☐ Neurological Gait Training
- ☐ NIR Infrared Treatment

## Orthopedic Rehabilitation

- ☐ Strengthening
- ☐ Flexibility/R.O.M.
- ☐ Stabilization
- ☐ Soft Tissue Mobilization
- ☐ Joint Mobilization
- ☐ Other: _____

## Programs

- ☐ Balance Retraining
- ☐ Vestibular Therapy
- ☐ Headaches
- ☐ Osteoporosis
- ☐ Fibromyalgia
- ☐ S/P CVA
- ☐ Parkinsons
- ☐ Sports Specific
- ☐ Work Specific

## Modalities

- ☐ Ultrasound
- ☐ Electrical Stimulation
- ☐ Iontophoresis
- ☐ Traction
- ☐ Other: _____

## Patient Education

- ☐ Home Exercise Program
- ☐ Fall Prevention
- ☐ ADL Training
- ☐ Other: _____

Frequency: _____ Days per week

Duration: _____ Weeks / Months
circle one

Physician Signature: _____