

Patient Name: _____ Phone: _____

Referring Physician: _____ Date: _____

Diagnosis: _____

Date of Surgery: _____ Surgical Procedure: _____

Special Instructions: _____

☐ Evaluate & Treat

☐ Continue Current Rx

Frequency: _____ Visit(s) per Week Duration: _____ Week(s) _____

PRE/POST-OP REHAB

- ☐ Knee Hip
- ☐ Hip
- ☐ Back
- ☐ Shoulder
- ☐ Other:
- ☐ Neck
- ☐ Elbow
- ☐ Wrist/Hand
- ☐ Ankle/Foot

BALANCE REHAB

- ☐ Balance/Vestibular Therapy
- ☐ Canalith Repositioning
- ☐ Neurological Gait Training
- ☐ Other:

ORTHOPEDIC REHAB

- ☐ Strengthening
- ☐ Flexibility/R.O.M.
- ☐ Stabilization
- ☐ Soft Tissue Mobilization
- ☐ Joint Mobilization
- ☐ Other:

PROGRAMS

- ☐ Sports Specific
- ☐ FCE
- ☐ Work Conditioning
- ☐ Work Hardening
- ☐ Fitness
- ☐ Osteoporosis
- ☐ Fibromyalgia
- ☐ Neurological
- ☐ Parkinson Wellness
- ☐ Recovery (PWR MOVES)
- ☐ LSVT BIG (Parkinson's)
- ☐ Other:

MODALITIES

- ☐ Ultrasound
- ☐ Electrical Stimulation
- ☐ Iontophoresis
- ☐ Traction
- ☐ Dry-Needling (BoerneTX)
- ☐ Deep Tissue Laser Therapy
- ☐ Other:

PATIENT EDUCATION

- ☐ Balance/Vestibular
- ☐ Canalith Repositioning
- ☐ Neurological Gait Training
- ☐ Other:

SUPPLIES

- ☐ Custom FootMaxxOrthotics
- ☐ Compression Stockings
- ☐ Braces
- ☐ Other:

Physician Signature: _____ Date: _____

Preferred Location (circle one):



5 Locations in Metro San Antonio

FYZICAL Boerne



1411 South Main St,
#102 Boerne, TX
P: (830) 249-7211
F: (830) 249-4698

FYZICAL South San Antonio



2406 Commercial Ave, Ste 1
San Antonio, TX 78221
P: (210) 921-1599
F: (210) 921-2088

FYZICAL Evans Crossing



22100 Bulverde Rd, Ste
#108
San Antonio, TX
P: (210) 272-0055
F: (210) 519-0459

FYZICAL Shavano Park



14439 NW Military Hwy
#107 Shavano Park, TX
P: (726) 201-4290
F: (726) 201-4335

FYZICAL Stone Oak



20818 Gathering Oak,
Ste #118 San Antonio, TX
78258
P: (210) 200-8921
F: (210) 858-6416

