



1050 Key Parkway, Suite 202  
Frederick, MD 21702  
Phone: 240-813-3597 Fax: 240-594-0220

**Patient Information**

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Middle Initial: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Sex: \_\_\_\_\_ Social Security # \_\_\_\_\_

Email: \_\_\_\_\_ Work #: \_\_\_\_\_ Cell/Home #: \_\_\_\_\_

Marital Status: Single \_\_\_\_\_ Married \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Phone # \_\_\_\_\_ Relationship \_\_\_\_\_

Referring/Primary Care Physician \_\_\_\_\_

Are you currently under the care of a Home Health Agency? \_\_\_ No \_\_\_ Yes, name of Co \_\_\_\_\_

How did you hear about FYZICAL ? \_\_\_\_\_

**Insurance Information**

Medicare # \_\_\_\_\_ Part B effective date \_\_\_\_\_

Insurance Policy # \_\_\_\_\_ Group #: \_\_\_\_\_

Policyholder's Name: \_\_\_\_\_ Relation to Patient: \_\_\_\_\_ DOB: \_\_\_\_\_

Insurance Address (if other than above): \_\_\_\_\_

**\*If Patient is a minor\***

Responsible party for bill if other than patient: \_\_\_\_\_ Relationship: \_\_\_\_\_

Responsible party's address (if other than above): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Social Security # \_\_\_\_\_

**Consent for Treatment:**

I hereby consent to receive care for therapy services by FYZICAL . I consent to medical treatment as is deemed necessary or advisable by the physical therapist.

**Consent to Release Medical Information:**

I authorize FYZICAL to release any information acquired in connection with my therapy services including, but not limited to, diagnosis, clinical records, to myself, my insurance(s), physician(s), and \_\_\_\_\_

**Consent to Obtain Medical Information:**

I authorize FYZICAL to obtain and acquire any information that would be beneficial in connection with my therapy service, which may include X-rays, Cat scans, and MRI reports, along with Physician's Documentation.

**Assignment of Insurance Benefits:**

I hereby authorize payment to be made directly to FYZICAL.

**Guarantee of Payment:**

I agree to pay any charges that my insurance does not pay. I am responsible to pay any un-covered portion on the date services are rendered. I am responsible for any incurred costs on overdue balances including, but not limited to, late fees, interest fees, legal fees, and collection agency fees.

**I hereby certify that I understand these rights as set forth.**

Patient/Responsible Party Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## Client Health Questionnaire

Name \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Please describe your Current Complaint or Limitation: \_\_\_\_\_

Please describe how your problem began: \_\_\_\_\_

Please tell us how long ago your condition started: \_\_\_\_\_

List tests or other interventions for this condition that you have had: \_\_\_\_\_

Please indicate the daily activities that you cannot perform: \_\_\_\_\_

Please indicate your level of functioning prior to the onset of this condition: \_\_\_\_\_

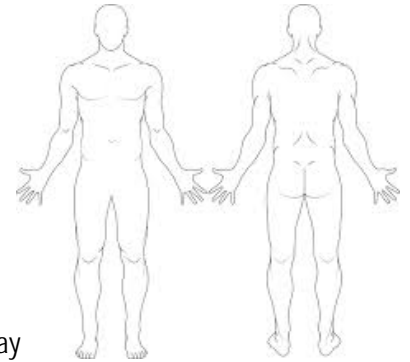
Please inform us of any environmental or living conditions that may have difficulties with: \_\_\_\_\_

Did you have surgery?  No  Yes Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Procedure: \_\_\_\_\_

Please describe the nature of your symptoms (check **all** that apply):

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Vertigo                | <input type="checkbox"/> Sharp Pain       | <input type="checkbox"/> Constant (76 – 100%)         |
| <input type="checkbox"/> Lightheadedness        | <input type="checkbox"/> Dull (Pain) Ache | <input type="checkbox"/> Frequent (51 – 75%)          |
| <input type="checkbox"/> Imbalance              | <input type="checkbox"/> Throbbing        | <input type="checkbox"/> Occasional (26 – 50%)        |
| <input type="checkbox"/> Feeling "off"          | <input type="checkbox"/> Numbness         | <input type="checkbox"/> Intermittent (25% - or less) |
| <input type="checkbox"/> Ear Pressure/Pain      | <input type="checkbox"/> Shooting         |   |
| <input type="checkbox"/> Motion intolerant      | <input type="checkbox"/> Burning          |   |
| <input type="checkbox"/> Migraine/Headaches     | <input type="checkbox"/> Tingling         |   |
| <input type="checkbox"/> Head Injury/Concussion |   |   |

Please Mark on the picture locations of pain



Level of symptoms at rest from 0 (No symptoms) to 10 (Unbearable symptoms) \_\_\_\_\_

Level of symptoms with activity from 0 (No symptoms) to 10 (Unbearable symptoms) \_\_\_\_\_

Since this condition began your symptoms have:  decreased  not changed  increased

Your symptoms are worse in:  morning  afternoon  night  increased during the day  same all day

Activities or positions that increase symptoms: \_\_\_\_\_

Activities or positions that decrease symptoms: \_\_\_\_\_

Occupation \_\_\_\_\_ Has your work status changed because of this condition  YES  NO

If you have ever had a listed condition in the past, please check it in the PAST column. If you are presently troubled by a particular condition, check it in the PRESENT column. The information you provide concerning past and present conditions and diseases assist your therapist in more thoroughly understanding your state of health.

### PAST PRESENT

- |                          |                          |                            |       |
|--------------------------|--------------------------|----------------------------|-------|
| <input type="checkbox"/> | <input type="checkbox"/> | High Blood Pressure Angina |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Angina                     |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Heart Attack               |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Stroke                     |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Asthma                     |       |
| <input type="checkbox"/> | <input type="checkbox"/> | HIV/AIDS                   |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Cancer – Location:         | Date: |
| <input type="checkbox"/> | <input type="checkbox"/> | Tumor                      |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Systemic Lupus             |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Hepatitis                  |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Epilepsy                   |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Diabetes                   |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Rheumatoid Arthritis       |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Arthritis                  |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Pregnancy                  |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Incontinence               |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Other _____                |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Tobacco Use – packs/day:   |       |
| <input type="checkbox"/> | <input type="checkbox"/> | Drug or Alcohol Dependence |       |

Present: Weight \_\_\_\_\_ Height \_\_\_\_\_ ft \_\_\_\_\_ in.

Have you fallen in the last year?  NO  YES - If yes, how many? \_\_\_\_\_

Medication: (Name/Dosage/Frequency/Route Administered)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

**\*\*If you need additional room for medications please bring a separate document on your next visit**

Hospitalization/Surgical Procedures (list if not described elsewhere):

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Do you have a Pace Maker:  NO  YES



# FYZICAL®

## Therapy & Balance Centers

### HIPAA Compliance Patient Consent Form

Our Notice of Privacy Practices provides information about how we may use or disclose protected health information. The notice contains a patient's rights section describing your rights under the law. You ascertain that by your signature that you have reviewed our notice before signing this consent. The terms of the notice may change, if so, you will be notified at your next visit to update your signature/date. You have the right to restrict how your protected health information is used and disclosed for treatment, payment or healthcare operations. We are not required to agree with this restriction, but if we do, we shall honor this agreement. The HIPAA (Health Insurance Portability and Accountability Act of 1996) law allows for the use of the information for treatment, payment, or healthcare operations.

By signing this form, you consent to our use and disclosure of your protected healthcare information and potentially anonymous usage in a publication. You have the right to revoke this consent in writing, signed by you. However, such a revocation will not be retroactive. NOTE: This is not a medical records release for physical therapy records; you must sign a separate Medical Release form to obtain records from our office. By signing this form, I understand that: -Protected health information may be disclosed or used for treatment, payment, or healthcare operations. Optimum Physical Therapy and Wellness, LLC reserves the right to change the privacy policy as allowed by law.

Optimum Physical Therapy and Wellness, LLC has the right to restrict the use of the information but the practice does not have to agree to those restrictions. The patient has the right to revoke this consent in writing at any time and all full disclosures will then cease. Optimum Physical Therapy and Wellness, LLC may condition receipt of treatment upon execution of this consent.

May we phone, email, or send a text to you to confirm appointments? **YES/ NO**

May we leave a message on your answering machine at home or on your cell phone? **YES/ NO**

May we discuss your medical condition with any member of your family? **YES / NO**. If YES, please

name the members allowed:

**Name/Relationship:** \_\_\_\_\_

**This consent was signed by:** \_\_\_\_\_

**(PRINT NAME PLEASE)** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Witness:** \_\_\_\_\_ **Date:** \_\_\_\_\_