



FYZICAL®

Therapy & Balance Centers

Patient Name: _____ DOB: _____

Referring Physician: _____ Date _____

Diagnosis: _____ Patient's Phone _____

Date of Surgery: _____ Surgical Procedure: _____

Special Instructions: _____

Evaluate & Treat

Continue Current Rx

Frequency: _____ Visit(s) per Week Duration: _____ Week(s) _____

Pre/Post-Op Rehab

- Knee
- Hip
- Back
- Shoulder
- Other:
- Neck
- Elbow
- Wrist/Hand
- Ankle/Foot

Balance Rehab

- Balance/Vestibular Therapy
- Canalith Repositioning
- Neurological Gait Training
- Other:

Orthopedic Rehab

- Strengthening
- Flexibility/R.O.M.
- Stabilization
- Soft Tissue Mobilization
- Joint Mobilization
- Other:

Programs

- Sports Specific
- FCE
- Work Conditioning
- Work Hardening
- Fitness
- Osteoporosis
- Fibromyalgia
- Neurological
- Pelvic Therapy
- Parkinson Wellness
- Recovery (PWR MOVES)
- LSVT BIG (Parkinson's)
- Other:

Modalities

- Ultrasound
- Electrical Stimulation
- Iontophoresis
- Traction
- Dry-Needling
- Deep Tissue Laser Therapy
- Other:

Patient Education

- Balance/Vestibular
- Canalith Repositioning
- Neurological Gait Training
- Other:

Supplies

- Custom FootMaxxOrthotics
- Compression Stockings
- Braces
- Other:

Physician Signature: _____ Date: _____

Preferred Location (circle one):

• FYZICAL Boerne • FYZICAL De Zavala • FYZICAL TPC Parkway

• FYZICAL Shavano Park • FYZICAL South San Antonio • FYZICAL Stone Oak

See reverse for addresses and contact information



6 Locations in Metro San Antonio

FYZICAL Boerne



1411 South Main St
Ste #102
Boerne, TX 78206
P:(830) 249-7211
F:(830) 249-4698

FYZICAL South San Antonio



2406 Commercial Ave
Ste #1
San Antonio, TX 78221
P: (210) 921-1599
F: (210) 921-2088

FYZICAL TPC Parkway



22100 Bulverde Rd
Ste #108
San Antonio, TX 78259
P: (210) 272-0055
F: (210) 519-0459

FYZICAL Shavano Park



14439 NW Military Hwy
Ste #107
Shavano Park, TX
78231
P: (726) 201-4290
F: (726) 201-4335

FYZICAL Stone Oak



20818 Gathering Oak,
Ste #118
San Antonio, TX 78260
P: (210) 200-8921
F: (210) 858-6416

FYZICAL De Zavala



6222 De Zavala Rd
Ste #101
San Antonio, TX 78249
P: (210) 200-8552
F: (210) 200-8463

Now Open

