





## Patient Consent & Financial Agreement

### Authorization for Treatment

Physical therapy services offered at FYZICAL includes, but not limited to evaluation techniques, soft tissue techniques, manual therapy techniques, heat, cold, electrical stimulation, electrical modalities, paraffin, stretching activities, strengthening exercises, cervical/lumbar traction, and the use of gym and/or other fitness equipment.

I have been informed that if any soft tissue technique, particularly Graston technique / active release/ cross-fiber friction mobilization, are used, it may cause bruising and tenderness in the region that is/was treated. If the technique is too uncomfortable, I will bring it to the attention of my physical therapist so that the procedure can be modified or ceased.

I understand that I have the right to refuse any physical therapy service(s) offered if I so choose. I understand that physical therapy may involve some risk and I hereby release FYZICAL from liability now or in the future.

### Assignment of Insurance Benefits and Release of Information

I authorize the release of any medical or other information necessary to process my claims. I also request payment of government benefits; insurance payments be made to FYZICAL and its affiliates. I authorize payment of medical benefits to FYZICAL and its affiliates. I agree to reimburse FYZICAL for any and all funds that the insurance may send to me directly. I additionally agree to provide the related Explanation of Benefits to FYZICAL, if I'd like any adjustments to be considered.

### Personal Valuables/Dependents/Visitors

It is understood and agreed that FYZICAL is not responsible for loss or damage to any personal valuables or properties. In order to maximize safety, if children are present, please keep them off the exercise equipment in order to prevent injuries.

### Financial Agreement

I, the undersigned agree, to be responsible for all deductibles, coinsurance and non-covered portions of services performed. I understand that FYZICAL and its affiliates bill insurance companies as a courtesy. I understand that all co-payments, co-insurance, and deductibles are due at the time of service. I understand that benefits quoted to me are only an estimate. I understand that it is my responsibility to know and understand my health plan. I understand that FYZICAL is not responsible for any inaccurate information they receive from my insurance. I understand that it is my responsibility to obtain necessary referrals from my doctor prior to coming to FYZICAL. Should my account be referred to an agency or attorney for collections, I may be responsible for any and all attorney and collection fees charged to FYZICAL associated with collecting the debt. I agree to pay an insufficient funds fee for any returned checks.

Credit Card/Debit Card Payments by signing this form I authorize FYZICAL and its affiliates to keep my credit card on file for future payments. I will be required to sign each receipt approving the charge. You have the option to decline this convenience and physically produce your card at every visit. If you would like to decline this option, please initial here

### Notice of Privacy Practices

Our Notice of Privacy Practices provides information about how we may use and disclose medical information about you. As indicated in our notice, the terms of our notice may change. If we change our notice, you may request a revised copy. By signing below, you are stating that you have reviewed the Notice of Privacy Practice and do not want a paper copy at this time. You may request a copy of the Notice and/or ask any questions about the Notice at any time.

My signature below is acknowledging the above consent and agreeing to the terms in its entirety.

\_\_\_\_\_  
Patient or Legal Guardian's Signature

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date



## Cancellation & No-Show Policy

We strive to provide each patient with the highest quality of care while attempting to accommodate your schedule for your convenience. Therefore, we provide reserved time slots for each patient with a specific therapist in order to minimize your waiting and assure continuity of your treatment. Your consistent attendance of the planned treatment regimen is paramount to your full recovery. We believe that this policy is necessary for the benefit of all our patients, so that we may continue to provide high quality treatment and service to everyone. All of us at FYZICAL appreciate your adherence and cooperation with this policy. We are here to help you attain all of your goals and optimize your return to all of your highly anticipated activities.

What Is considered a cancellation? An Appointment that Is cancelled less than 24 hours from the appointment time is considered a cancelled appointment. If you are unable to make your appointment, please provide more than a 24-hour notice so that we may offer your appointment time to another patient in need.

What Is considered a No Show? When a patient does not show for a scheduled appointment.

Will I be charged a fee If I cancel less than 24 hours or If I no show for my appointment? There is a penalty that may be assessed. The fee Is not billable to Insurances. The fee will be due on or before the next appointment. To avoid the fee, see If an earlier or later appointment time is available that day or give more than a 24 hours' notice.

Are there exceptions? Yes! We understand unforeseen things do happen and we most definitely do not want patients coming to an appointment If they are Ill or feel unsafe to drive. A fee will not be charged for certain circumstances, but the occurrence will count towards your cancellation or no-show count.

What happens If I continue to cancel or no show for my appointments? If you cancel your appointment or no show 3 times in a 30-dayspan, we will place you on a "Same Day Scheduling" option. At that point you will need to call the day you are available to attend therapy to see if we have an opening. No appointments will be made days in advance.

What if I'm going to be late for my appointment? If you are more than 10 minutes late, we may need to modify your appointment time (if we are able to do so) or cancel your appointment in which a fee will be charged.

By signing below, I agree to adhere to the above policy and fully commit to my plan of care so that I can reach my goals!

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

## Client Health Questionnaire

Patient Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Please describe your Current Complaint or Limitation: \_\_\_\_\_

Please describe how your problem began: \_\_\_\_\_

Please tell us how long ago your condition started: \_\_\_\_\_

List tests or other interventions for this condition that you have had: \_\_\_\_\_

Please indicate the daily activities that you cannot perform: \_\_\_\_\_

Please indicate your level of functioning prior to the onset of this condition: \_\_\_\_\_

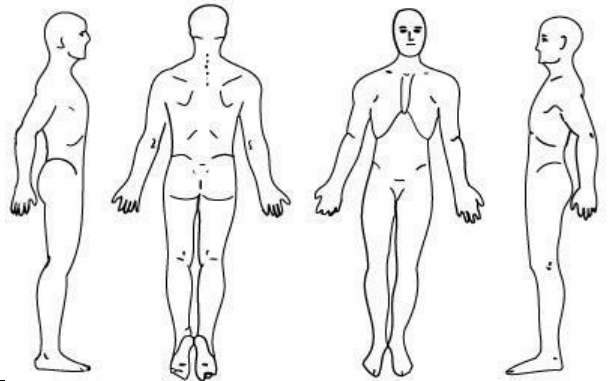
Please inform us of any environmental or living conditions that may have difficulties with: \_\_\_\_\_

Did you have surgery? ☐ No ☐ Yes Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Procedure: \_\_\_\_\_

Please describe the nature of your symptoms (check all that apply):

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> Vertigo                  | <input type="checkbox"/> Sharp Pain       | <input type="checkbox"/> Constant (76 – 100%)         |
| <input type="checkbox"/> Lightheadedness          | <input type="checkbox"/> Dull (Pain) Ache | <input type="checkbox"/> Frequent (51 – 75%)          |
| <input type="checkbox"/> Imbalance                | <input type="checkbox"/> Throbbing        | <input type="checkbox"/> Occasional (26 – 50%)        |
| <input type="checkbox"/> Feeling “off”            | <input type="checkbox"/> Numbness         | <input type="checkbox"/> Intermittent (25% - or less) |
| <input type="checkbox"/> Ear Pressure/Pain        | <input type="checkbox"/> Shooting         |   |
| <input type="checkbox"/> Motion intolerant        | <input type="checkbox"/> Burning          |   |
| <input type="checkbox"/> Migraine/Headaches       | <input type="checkbox"/> Tingling         |   |
| <input type="checkbox"/> Head Injury/Concussion   |   |   |
| <input type="checkbox"/> Tinnitus (ear ringing)   |   |   |
| <input type="checkbox"/> Sudden change in hearing |   |   |

Please Mark on the picture locations of pain



Level of symptoms at rest from 0 (No symptoms) to 10 (Unbearable symptoms) \_\_\_\_\_

Level of symptoms with activity from 0 (None) to 10 (Unbearable) \_\_\_\_\_

Since this condition began your symptoms have: ☐ decreased ☐ not changed ☐ increased

Your symptoms are worse in: ☐ morning ☐ afternoon ☐ night ☐ increased during the day ☐ same all day

Activities or positions that increase symptoms: \_\_\_\_\_

Activities or positions that decrease symptoms: \_\_\_\_\_

Occupation: \_\_\_\_\_ Has your work status changed because of this condition ☐ Yes ☐ No

### Pelvic Health Questionnaire ☐ N/A

Please describe your current complaint or limitation: \_\_\_\_\_

Please tell us how long ago your condition started: \_\_\_\_\_

List tests or other interventions for this condition that you have had: \_\_\_\_\_

Did you have surgery? ☐ Yes ☐ No Procedure: \_\_\_\_\_

# of Pregnancies: \_\_\_\_\_ Vaginal Births: \_\_\_\_\_ C-Sections: \_\_\_\_\_

Date of last Pelvic Exam: \_\_\_\_\_ Date of last Menstruation: \_\_\_\_\_

Your symptoms are worse in the ☐ Morning ☐ Afternoon ☐ Night ☐ increased During the Day

Activities or positions that increase symptoms: \_\_\_\_\_

Activities or positions that decrease symptoms: \_\_\_\_\_



If you have ever had a listed condition in the past, please check it in the PAST column. If you are presently troubled by a particular condition, check it in the PRESENT column. The information you provide concerning past and present conditions, and diseases assists your therapist in more thoroughly understanding your state of health.

PAST	PRESENT	CONDITION
<input type="checkbox"/>	<input type="checkbox"/>	High Blood Pressure
<input type="checkbox"/>	<input type="checkbox"/>	Angina
<input type="checkbox"/>	<input type="checkbox"/>	Heart Attack
<input type="checkbox"/>	<input type="checkbox"/>	Stroke
<input type="checkbox"/>	<input type="checkbox"/>	Asthma
<input type="checkbox"/>	<input type="checkbox"/>	HIV/AIDS
<input type="checkbox"/>	<input type="checkbox"/>	Cancer: Location: _____ Date: _____
<input type="checkbox"/>	<input type="checkbox"/>	Tumor
<input type="checkbox"/>	<input type="checkbox"/>	Systemic Lupus/
<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis
<input type="checkbox"/>	<input type="checkbox"/>	Epilepsy
<input type="checkbox"/>	<input type="checkbox"/>	Rheumatoid Arthritis
<input type="checkbox"/>	<input type="checkbox"/>	Arthritis
<input type="checkbox"/>	<input type="checkbox"/>	Pregnancy
<input type="checkbox"/>	<input type="checkbox"/>	Drug or Alcohol Dependence
<input type="checkbox"/>	<input type="checkbox"/>	Hearing Loss
<input type="checkbox"/>	<input type="checkbox"/>	Pace Maker
<input type="checkbox"/>	<input type="checkbox"/>	Other _____

Present: Weight: \_\_\_\_\_ Height: \_\_\_\_\_ ft \_\_\_\_\_ in.  
 Have you fallen in the last year? ☐ No ☐ Yes-  
 If yes, how many falls? \_\_\_\_\_  
 If you fell, did you have an injury? ☐ No ☐ Yes  
 Type of Injury: \_\_\_\_\_  
 Are you diabetic? ☐ No ☐ Yes  
 Do you use tobacco products? ☐ No ☐ Yes  
 If yes, packs/day? \_\_\_\_\_/\_\_\_\_\_  
 Pain 0 (no symptoms) to 10 (unbearable symptoms):  
 Current: \_\_\_\_\_ Best: \_\_\_\_\_ Worst: \_\_\_\_\_  
 Hospitalization/Surgical Procedures  
 (list if not described elsewhere): \_\_\_\_\_  
 \_\_\_\_\_

Please fill in the following list of your medications (including supplements and over the counter medications)

Medication Name	Dosage	Frequency	Route

\_\_\_\_\_  
 Patient/Legal Guardian's Signature

\_\_\_\_/\_\_\_\_/\_\_\_\_\_  
 Date



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\_\_\_\_\_  
Patient or Legal Guardian's Printed Name

### Consent for Discussion

I \_\_\_\_\_ hereby give consent to FYZICAL to discuss my health treatment with the following designated individual (s):

1. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

2. Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

The scope of discussion may include medical condition and treatment options, appointment scheduling and reminders, billing and payment matters. I understand that I have the right to revoke this consent at any time by providing a written notice to FYZICAL. My signature below acknowledges the above consent and agrees to the terms in its entirety.

\_\_\_\_\_  
Patient or Legal Guardian's Signature

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Date

### Credit Card/Debit Card Payments

By signing this form, I authorize FYZICAL and its affiliates to keep my credit card on file for future payments. You have the option to decline this convenience and physically produce your card at every visit. If you would like to decline this option, please initial here \_\_\_\_\_.

My signature below acknowledges the above consent and agrees to the terms in its entirety.

\_\_\_\_\_  
Patient or Legal Guardian's Signature

\_\_\_\_/\_\_\_\_/\_\_\_\_  
Date





## MEDIA RELEASE CONSENT FORM

I \_\_\_\_\_ hereby consent and authorize an employee or agent of FYZICAL Therapy & Balance Centers to take photographs or motion pictures of me; or to produce videotapes, audiotapes, closed circuit television programs, web casts, or other types of media productions that capture my name, voice, and/or image (any of the foregoing types of media are called the "Materials" in this Consent and Release form).

I authorize FYZICAL Therapy & Balance Centers to copyright the materials, and I authorize FYZICAL Therapy & Balance Centers to use, reuse, copy, publish, display, exhibit, reproduce, license to a third party, and distribute the materials in any educational or promotional materials or other forms of media, which may include, but are not limited to publications, catalogs, articles, magazines, recruiting brochures, websites or other electronic forms of media, and to offer the materials for use or distribution in other publications, electronic or otherwise, without notifying me.

I also agree that FYZICAL Therapy & Balance Centers may identify me by name, and such other identifying information such as current hometown and state.

I agree that I am participating on a voluntary basis and I will not receive any payment from FYZICAL Therapy & Balance Centers for signing this release or as a result of any publication of the materials.

\_\_\_\_\_  
Name

Date: \_\_\_\_\_

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Address

**(To be signed if the person in the materials is under the age of 19.)**

I am the parent or guardian of the person whose image appears in the materials and I give my authorization and consent on his/her behalf.

\_\_\_\_\_  
Name

Date: \_\_\_\_\_

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Address

Patient name: \_\_\_\_\_

**Please fill out your appointment time/day preference below:**

**(What days and times are ideal for you and your schedule?)**

In our medical record system, Prompt, we have the ability to send you communication via, text/email to quickly schedule appointments that you prefer. If we have an opening that meets your desired time/day preferences, we will text/email you to let you know and give you the chance to book these visits with one click before someone else takes it!

**Below, please put an X in the boxes that best suit your schedule and/or when the best time to reach you is.**

	Before 8am	8am-Noon	Noon-5pm	After 5pm
Monday				
Tuesday				
Wednesday				
Thursday				
Friday				

Signature: \_\_\_\_\_