



FYZICAL | Yorktown
2051 Baldwin Rd,
Yorktown Heights, NY 10598
P: (914) 302-2190
F: (914) 302-2191

Patient Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Referring Physician: \_\_\_\_\_ Date: \_\_\_\_\_

Diagnosis: \_\_\_\_\_

Special Instructions:

Horizontal lines for special instructions

Evaluate & Treat

Continue Current Rx

Pre/Post-Op Rehabilitation

Balance Rehabilitation

- Knee, Neck, Hip, Elbow, Back, Wrist/Hand, Shoulder, Ankle/Foot

- Balance Retraining Therapy, Epley Maneuver (Manual), Neurological Gait Training, NIR Infrared Treatment

Orthopedic Rehabilitation

Programs

- Strengthening, Flexibility/R.O.M., Stabilization, Soft Tissue Mobilization, Joint Mobilization, Other

- Balance Retraining, Vestibular Therapy, Headaches, Osteoporosis, Fibromyalgia, S/P CVA, Parkinsons, Sports Specific, Work Specific

Modalities

Patient Education

- Ultrasound, Electrical Stimulation, Iontophoresis, Traction, Other

- Home Exercise Program, Fall Prevention, ADL Training, Other

Frequency: \_\_\_\_\_ Days per week
Duration: \_\_\_\_\_ Weeks / Months
circle one

Physician Signature: \_\_\_\_\_